



The Catholic Parish of St. John Boste. Serving: Penrith, Alston, Appleby & Kirkby Stephen

Parish Priest: Fr. John B. Winstanley, Deacons: Rev. Charlie Conner and Rev. David Greaves

The Rectory, St. Catherine's Church, Drovers Lane, Penrith, Cumbria. CA11 9EL

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St. Wulstan's Church, Kings Arms Lane, Alston, Cumbria, CA9 3JF Our Lady of Appleby Church, Garth Heads Road, Appleby in Westmorland, CA16 6UA

The Haydock Community Centre at St. Catherine's: Bookings via parish website, T: 07976 255145, E: haydockccc@btinternet.com

Parish Contacts for Safeguarding: Rosemary (Penrith), Mike (Appleby) & Jeanette (Alston).07469 511974, safeguarding.stcatherines@btinternet.com

12 May 2024 – SEVENTH SUNDAY OF EASTER, Year B

MASS TIMES & INTENTIONS:

Masses & Services at St. Catherine's unless otherwise stated

- Sat 11 **No 9am Mass, Adoration or Confessions**
10.30am First Holy Communion Mass
 First Holy Communicants
- Sun 12 **6pm Mass at St. Wulstan's Alston** People of the Parish
SEVENTH SUNDAY OF EASTER
 World Communications Day of Prayer
 Mass Book page 277, PrII of Ascension p.75, EPII p.25
8.30am Patricia Ann McGeown
10.30am Fr. Tom Forster (KSC Intention)
4pm at Our Lady of Appleby Welfare Int (FF)
- Mon 13 **Our Lady of Fatima** No Mass
- Tue 14 **ST. MATTHIAS**
12 noon Mass at Appleby Fr. Barry McAllister
- Wed 15 **9.15am with School Class 4** James Edward (Jim) Mullett
- Thu 16 **7pm** Holy Souls (Smith)
- Fri 17 **12 noon** Holy Souls (Poland)
- Sat 18 **9am St. John I** Elizabeth Heath
6pm Mass at St. Wulstan's Alston Veronica Judge
- Sun 19 **PENTECOST**
8.30am Charlotte Swire
10.30am Vanessa O'Dea on Reception into Full Communion
4pm at Our Lady of Appleby People of the Parish

CONFESSION TIMES: (also, anytime on request)

St. Catherine's: Saturdays 9.30am - 10am (not on 11th May)

St. Wulstan's Alston: Saturdays 5.30pm

Our Lady of Appleby: Sundays 3.30pm

DEVOTIONS:

We honour Our Blessed Lady, especially in this month of May.

Key Stage 1 May Procession, Rectory Garden Wed 22 May at 2.30pm

Holy Rosary - Thursdays 6.40pm

Adoration of the Blessed Sacrament – Saturdays 9.30am - 10am

PLEASE PRAY FOR:

To be received into the Full Communion of the Catholic Church:

Vanessa O'Dea on Pentecost Sunday, 19 May, at the 10.30am Mass.

The Sick: Eileen Holland, Maureen Richardson,

Des & Pat Prior, Vivienne Knowles, Jackie O'Neill,

Ken Oakley, Helen Farrow and Kath Rigby.

Lately Dead: Fr. Gerry Dakin. *May he rest in peace.*

Anniversaries: Barbara Simonini, Timothy Andrews, Richard Little,

Mary Walker, Anne-Marie & Ben McCreddie, Cyril Donohoe and

Alan Egan.

TEA & COFFEE after Sunday Mass:

8.30am & 10.30am every week.

At Appleby 1st Sunday. All welcome.

FIRST HOLY COMMUNION CELEBRATION: We offer our prayers and congratulations to the 15 children who received Our Lord for the first time in Holy Communion yesterday. May they all continue to grow in their love for the Holy Eucharist – *The Living Bread of Christ.* We are very grateful to Deacon David, Miss Davies and School, Sharon and Rebecca for preparing the children. Special thanks to the Flower Team for the lovely arrangements and to St. Catherine's School for hosting the First Holy Communion breakfast. *Fr. John*

TODAY is World Communications Sunday. The Special Collection is for the Catholic media.

PRAYER DAY AT ST. CATHERINE'S – SAT 18 MAY, PREPARING FOR PENTECOST:

Following on from the recent successful event at Lowther Castle, the youth team have organised a 12 hour prayer day, to be held in front of the Blessed Sacrament. It is for all parishioners; an organised programme with prayer resources, led prayer sessions, quiet time and a healing service. A lovely way to meet and spend time with Our Lord for children and adults. The Day begins with Mass at 9am and ends with Benediction at 9.15pm. Come for as long as you wish or pop in and out during the day. See Poster for more info about the programme. We need at least 2 people in church for the 12 hours to have the Blessed Sacrament on the altar throughout the day. Please sign on the sheet in the narthex if you can help with watching. Any questions or for more information, please contact Vanessa O'Dea vanessacurry@me.com or Deacon Charlie on 07711 3455 176.

FIRST AID BOXES AT ST. CATHERINE'S: In case of accidents, *First Aid Boxes* are available for all in the narthex at the back of church, in the utility room along the Haydock corridor and in the Haydock Centre kitchen.

STATISTICS for 5/5/24: Many thanks for your generosity

| | Attendance | Collection |
|----------------|--------------------------|---------------------|
| Alston (Vigil) | 20 | £60.00+ £49 SO |
| Penrith | 8.30am 93 10.30am 155 | £600.30 + £471 SO |
| Appleby | 32 | £213.95 + £19.12 SO |
| Totals | 300 | £1,413.37 |

The Ascension of the Lord: Vigil Alston 11 + Penrith 150 + Appleby 37 = 198

MONZE Neonatal Unit: *It's BBQ time again!* Please support us on 9th June after the 10.30 Mass. *BBQ Tickets: available after Mass on Sun 26th May & 2nd June, adults, £5 & children £3.* Donations for teas, coffees & cakes most welcome. Many thanks for your continued support. *The Monze Group*

PARISH GROUPS: Please keep us informed of events and activities – deadline for items for the Newsletter and Website is Thursdays at 9am. Please send items in a format that can be easily pasted into the Newsletter. Many thanks.

Parish Office Team



ADVANCE NOTICE FOR ST. WULSTAN'S:

At the recent Alston Moor Churches Together meeting, it was decided to arrange a *Churches Together Harvest Supper* on Saturday 21 September at 7pm with a buffet at the Cumberland Function Room. Please make a note of the date - more details nearer the time.

THIS WEEK:

Tues 3pm Prayer Group in the Quiet Room

Wed 6pm School Governors sub-committees

Thur pm Fr. John's Holy Communion visits to Sockbridge

7.30pm Mission Life Group, Quiet Room

Sat 9am Start of 12 hour Prayer Day to prepare for Pentecost.

THE *Wednesday* WORD



Encountering Christ The Wednesday Prayer Custom for Homes, Schools & Parishes

Prayerfully preparing for Sunday Mass with special prayers for our school families



Set aside 10-15 minutes and create a suitable environment by removing any distractions. Make sure that you are comfortable. Perhaps light a candle. Make the sign of the cross and remain still for a minute of settling silence.



Remember that through this scripture our Lord is truly present. Read the Gospel, aloud and slowly, and pay attention to any words that stand out. If any do, meditate on them for a few minutes and be invited into a dialogue with God.

1

Read The Gospel for Sunday 19th May 2024 THE GIFT OF PEACE

In the evening of the first day of the week, the doors were closed in the room where the disciples were, for fear of the Jews. Jesus came and stood among them. He said to them, "Peace be with you," and showed them his hands and his side. The disciples were filled with joy when they saw the Lord, and he said to them again, "Peace be with you. As the Father sent me, so am I sending you." After saying this he breathed on them and said: "Receive the Holy Spirit. For those whose sins you forgive, they are forgiven; for those whose sins you retain, they are retained."

Taken from John 20:19-23 Pentecost Sunday, Year B
(ONE OF THE OPTIONS FOR THE PENTECOST GOSPEL)

2

Reflect After reading the Gospel, did any words stand out? If they did, ponder or discuss them before proceeding with the reflection.

None of the gospels gives an account of the Day of Pentecost, but St John tells us of another incident where the Risen Christ gave the Spirit to his disciples. There are two emphases in the account. The first is peace. Christ brings peace to his disciples with the double greeting of peace, and peace is a Christian watchword. Peace was the song of the angels at Jesus' birth; each of Paul's letters opens with a greeting of peace; the letter to the Ephesians proclaims that Christ is our peace - the reversal of all worry, strife, envy, jealousy, self-seeking ambition. 'Go in peace' is Jesus' dismissal of those he cures, and also the dismissal at the end of Mass. Peace was Jesus' bequest to his disciples after the Last Supper. The second watchword is forgiveness, for God was always known as a God of mercy and forgiveness; Jesus came to show this by his constant meeting with and welcoming of sinners. Moreover, the Lord's Prayer shows that if we do not ourselves forgive, we block God's forgiveness of ourselves too.

How can you bring peace more effectively to those you meet?

Dom Henry Wansbrough OSB

3

Respond & Request

Now slowly and prayerfully read the Gospel once again but this time in silence. Consider how this Gospel could apply to your life in general. Thank God for any insight you may have received.

Then ask God to bless you with a spiritual gift to help you act on any resolution you have made. Perhaps: love, hope, understanding, wisdom, faithfulness, peace, self control, patience, joy, forgiveness, hope or something else.

4

Pray for Families

This Wednesday's word for our school families is PENTECOST!

After praying for your loved ones, please remember to pray for our present and future Church, particularly for the families connected to our schools. You may want to conclude this special weekly time with a simple prayer such as:

St Joseph, Patron Saint of Families and Protector of the Church, pray for us. Mary, Star of Evangelisation, pray for us. Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. Amen.

WEDNESDAY WORD PLUS †

Fr Henry's reflections on the first and second readings of **Sunday 19th May 2024**



1st Reading: Acts 2:1-11

The Birth of the Church

When Pentecost day came round, the apostles had all met in one room, when suddenly they heard what sounded like a powerful wind from heaven, the noise of which filled the entire house in which they were sitting; and something appeared to them that seemed like tongues of fire; these separated and came to rest on the head of each of them. They were all filled with the Holy Spirit, and began to speak foreign languages as the Spirit gave them the gift of speech. Now there were devout men living in Jerusalem from every nation under heaven, and at this sound they all assembled, each one bewildered to hear these men speaking his own language. They were amazed and astonished. "Surely," they said, "all these men speaking are Galileans? How does it happen that each of us hears them in his own native language? Parthians, Medes and Elamites; people from Mesopotamia, Judaea and Cappadocia, Pontus and Asia, Phrygia and Pamphylia, Egypt and the parts of Libya round Cyrene; as well as visitors from Rome - Jews and proselytes alike - Cretans and Arabs; we hear them preaching in our own language about the marvels of God."



The ministry of Jesus starts with the coming of the Spirit at his Baptism, and in a similar way the ministry of the Church begins with the coming of the Spirit at Pentecost. There can be no witness to Jesus or to his message, no spreading of the Kingship of God, without the Spirit of Jesus. Another lesson from this parallelism between Jesus' Baptism and Pentecost is that the task of the Church and the life of the Church are the same as those of Jesus himself: to bring God's kingship to its fulfilment by bringing healing, love and joy through the message of the Risen Christ. The rushing wind and the tongues of fire are an allusion to the account in the Old Testament of the coming of God's Spirit upon Moses and the Elders. So the message of the New Testament is the fulfilment of the Old Testament, breaking out beyond the borders of Judaism to include all peoples of the world. The union of all these peoples, all understanding one language in their own way, is a deliberate contrast to the Old Testament scene at the Tower of Babel, when all the peoples of the world defied God and so were split up and could no longer understand one another's languages. The list of unpronounceable peoples is itself a witness to the universality of the Church! **How does the Church reveal the Spirit at work in the world today?**



2nd Reading: 1 Corinthians 12:3-7, 12-13

(One of the options for the Pentecost Gospel)

The Body of Christ

No one can say, 'Jesus is Lord' unless he is under the influence of the Holy Spirit. There is a variety of gifts but always the same Spirit; there are all sorts of service to be done, but always to the same Lord; working in all sorts of different ways in different people, it is the same God who is working in all of them. The particular way in which the Spirit is given to each person is for a good purpose. Just as a human body, though it is made up of many parts, is a single unit because all these parts, though many, make one body, so it is with Christ. In the one Spirit we were all baptised, Jews as well as Greeks, slaves as well as citizens, and one Spirit was given to us all to drink.



The slightest glance round a church full of people is enough to show the variety within the Christian community. But it needs the words of St Paul to remind us that every member of that community has his or her own special gift to contribute. Mercifully, these gifts are all different. It is good to reflect on the natural gifts that we find all around us. It is also valuable to reflect how dull, or even intolerable, life would be if I lived with a lot of clones of myself, all with the same gifts and the same faults as myself! Every one of us contributes something different and valuable, whether it is the baby squeaking as a sign of new, developing life or the older person contributing wisdom, experience and even the suffering of Christ. Another inspiring thought is that all we varied and diverse people go to make up the Body which is Christ. We all have experience of various corporate bodies, organisations and companies, but none of these 'bodies' manifest the presence of a person as do our own individual bodies. But as the Body of Christ, the Church, we show forth to the world the presence of Jesus, the incarnate Son of God, through the indwelling of the Spirit.

What gifts do you bring to help build up the Body of Christ?

**“ We show forth
to the world the
presence of Jesus. ”**

2024

**THY
KINGDOM
COME**

In this Year of Prayer, the Catholic Church in England & Wales is supporting the 2024 'Thy Kingdom Come' worldwide initiative. All are invited to take part between the Feast of the Ascension, 9th May 2024 until Pentecost Sunday, 19th May 2024.
To find out more, head over to thykingdomcome.global & rcdow.org.uk/evangelisation/